



A+ Senior Care
We Are Here To Serve You

Newsletter

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SPECIAL POINTS OF INTEREST:

- We wish you and your family the very best for the holiday season and a year of health, happiness and prosperity.
- When the celebrations are over, we would very much like to get together with you and explore how we may help you in 2012 .

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Thank you and Happy Holidays

Dear Friends of A+ Senior Care:

Thank you very much for working with us this year. We have enjoyed this year immensely and truly appreciate that friends like you make our days more rewarding and purposeful. We wish you and your family the very best for the holiday season and a year of health, happiness and prosperity.

In our business, we are proud that we reached a number of special milestones this year. In particular, we expanded our business to a bigger and better location. We added a full time Scheduling Coordinator to our team, and partnered with a local hospice agency to provide hospice caregiv-

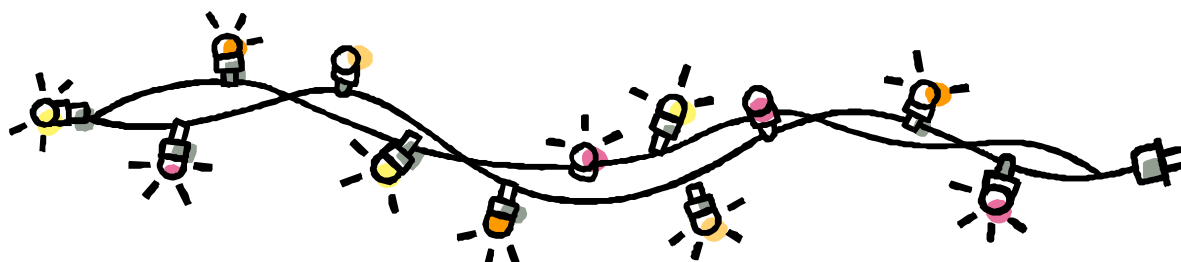


ers. We also began the newsletter project and have received wonderful feedback, thank you for your support. 2011 was a very successful year for A+ Senior Care. We owe our success to our wonderful caregivers who make a difference in the lives of families daily. We have several projects in the works. We are excited and are looking forward to serving you in this new year.

When the celebrations are over, we would very much like to get together with you and explore how we may help you in 2012 . In the meantime, again, we wish you and your family the very best for a happy holiday and a wonderful 2012.

Sincerely,

A+ Senior Team



Memories of Past Holiday Traditions

“We delight in this special time of year, as it provides the opportunity to pass down stories of family traditions from years gone by.”

We delight in this special time of year, as it provides the opportunity to pass down stories of family traditions from years gone by. Dory Mann, Director of the Mabel Kay House (Senior Center) in Haddonfield, helped us gather a few holiday memories from the past. By sharing them here, we hope to make you and your loved ones smile this holiday season...

One very active gal in her 80s clearly remembers the strict routine she and her siblings had to follow on Christmas morning. When called downstairs by their mother, they had to look away from the tree and presents, walking directly into the kitchen. They never saw the tree or decorations go up, and they never saw the presents wrapped and placed under the tree. Once in the kitchen, they proceeded to eat a leisurely, full breakfast of eggs, bacon, sausage, and other delicacies. Only after breakfast could they make their mad dash to the tree and open presents. Christmas was truly about savoring the warmth of their family’s love around a cozy breakfast table.

Another sprightly, seventy-something lady recalls how extra special her birthday seemed because she never had to attend school on De-

ember 30th. While she loved lighting the Hanukkah menorah candles as a young Jewish girl, the only present she wanted was a visit to Radio City Music Hall in New York City. What awaited her

there was the best show of the year – the Christmas Spectacular. Back then, this show had something for everyone: a children’s film, the Living Nativity scene, and even a ballet performance. Her ultimate joy, though, was watching the world-famous Rockettes dance and high kick their way through the “Parade of the Wooden Soldiers.” In the chill of winter, this entertaining holiday treat always made a young girl’s birthday a warm time to remember.

One seasoned gentleman (age 85) we spoke with has a fond memory of his parents going to an annual New Year’s Eve party. Even though the babysitter made him and his brother go to sleep before midnight, he knew the next morning would be their party time. His parents would bring home funny hats, noise-makers, extra confetti, even fancy swizzle sticks (remember those?) and leave them on the



kitchen table. As long as they didn’t wake Mom and Dad too early, he and his brother could stage their own swanky New Year’s Day party, minus the champagne fountain and white tie and tails ensemble.

We hope you’ll ask your loved ones to reveal their own recollections of holiday traditions from years ago. By sharing these “memory heirlooms” with younger generations, they just might rekindle an old custom or even spark a new holiday tradition. Best holiday wishes and Happy New Year from everyone at A+ Senior Care!

RESOURCES:

http://www.haddonfieldnj.org/borough_dept_seniors.php

