



A+ Senior Care
We Are Here To Serve You

Newsletter

VOLUME 1, ISSUE 6

FEBRUARY 2012

SPECIAL POINTS OF INTEREST:

- In a 2003 AARP study of singles aged 55+, 49% of respondents said "having someone to talk to or do things with" is the most important reason for dating.
- We think love at any age is a many-splendored thing!

INSIDE THIS ISSUE:

- Later Life Love 1
- Home Care Check Marks 2

Later Life Love

Valentine's Day is near, but we'd rather think beyond flowers and candy. An even better gift is discovering a new relationship later in life. Regardless of age, deep, loving connections with other people are what enhance our enjoyment and outlook on life. In a 2003 AARP study of singles aged 55+, 49% of respondents said "having someone to talk to or do things with" is the most important reason for dating. Relationships are a healthy way for seniors to remain vital and connected to their communities.

Let's be honest, we all crave the warmth and security of a loving relationship. Is it any wonder so many sentimental songs express the raw pain of loneliness? The thought of growing old alone is as unthinkable as not having a sense of value or purpose in life. With a companion by your side, loneliness transforms into cheerful conversation, the kinship of shared experiences, and above all, one worthy soul touching another. If a new friend eventually becomes a special someone, your love life may even improve!

A dear friend shared with us an inspiring story she learned while vacationing last summer. On the plane, she was seated next to an older gentleman named Stan and his granddaughter. By way of the Internet, Stan's granddaughter had found Eleanor, his best "steady girl" from high school, now living in the Pacific Northwest. You see, Stan lost his beloved wife Ruby a few years ago due to complications from Alzheimer's, and he was struggling to endure each day since.

Stan's granddaughter convinced him to test the waters by friending Eleanor on Facebook. Initial messages with polite questions of what the other had been up to during the past almost 60 years turned into passionate online love letters. Determined to find happiness again, Stan took a chance and asked Eleanor if she'd be willing to see him after so much lost time. Her encouraging reply led to Stan's bi-coastal trip, with his granddaughter along for moral support. We hope upon hope that Stan and Eleanor are indeed together and have special plans for an enchanting Valentine's Day...



In the movie *Murphy's Romance*, the oldest citizen in town is 89 and announces he's getting remarried. He says, "Still have those feelings; still know what to do with them." The companionship of a partner later in life creates an emotional, validating connection between two people. We think love at any age is a many-splendored thing!

Resources:

www.aarp.org



*“If you answer
yes to any of the
following
questions, its
time for A+
Care”*

*Call our office
today for more
information on
arranging Home
Healthcare
Services
609-450-1719*

Home Care Check Marks

As many of us ponder healthcare choices for our aging parents, grandparents, spouse, or our self, the expectations are the same; quality, affordable, trustworthy and compassionate care.

IF YOU ANSWER YES TO ANY OF THE FOLLOWING QUESTIONS, IT'S TIME FOR A+ CARE:

- Do you have a history of falls?
- Are you feeling overwhelmed with caregiving responsibilities?
- Does your senior family member show signs of/or complains of loneliness?
- Are you worried about your loved one who has dementia/Alzheimer's disease?
- Does your loved one need help with personal care?
- Are you concerned about the safety of your loved one who lives alone?
- Has your physician or social worker recommended 24 hour care?
- Is your loved one coming home from a rehabilitation center?
- Do you need transportation to appointments?
- Do you or your loved one prefer to age in your home?
- Would you like a personal caregiver for your loved one who resides in an Assisted Living Facility or Independent living community?
- Do you desire the reassurance that your loved one will be cared for by responsible, trained, and trustworthy people?



CALL OUR OFFICE TODAY FOR MORE INFORMATION ON ARRANGING HOME HEALTH-CARE SERVICES: 609-450-1719